#### October 2023

## Mission Trail Waste Systems Los Altos Quarterly Residential Newsletter



#### Proud to Serve the Los Altos Community

## Prevent Food Waste



MTWS loves collecting residential food scraps and nutrient rich organics from our loyal residents. Californians throw away nearly six million tons of food waste each year, and there are opportunities to manage food waste.

Here are a few ideas:

- Buy and cook only the food that you need: Buying the right amount of food for your household will prevent waste and save money.
- Use glass containers with tight lids: Storing food correctly will maximize shelf life.
- Go to the fridge before the store: Get creative, use food you already have on hand to make an additional meal.

- Eat this first: Download a sign for inside your fridge to designate an area for foods that need to be eaten first. www.StopFood-Waste.org/resources
- Meal Find: Use an interactive Meal Prep Mate: Online tools at: www.Savethe-Food.com
- Try the Foodkeeper App: Use food while at peak quality and reduce waste. Visit www.foodsafety.gov for more info.

#### Food Rescue & Food Bank Resources

- Second Harvest Food Bank www.shfb.org
- Calrecycle.ca.gov/Organics/Food/ Donation

**Proper Sorting Makes a Difference!** After reducing leftovers, put leftover food scraps and food-soiled paper in your ORGANICS carts.

### Holiday Tips to Reduce Waste

- Use tags, cards and wrapping paper printed on recycled paper. Reuse gift bags, bows and ribbons, instead of throwing them away.
- Buy experiences or reused items instead of new items to reduce the carbon emissions.
- Support Downtown Los Altos businesses by attending Small Business Saturday on November 25th
- After reducing leftovers, put leftover food scraps and food-soiled paper in your ORGANICS carts as a last resort.

#### Green Your Gift Giving by Reducing, Reusing, and Recycling

• Support a charity or cause by shopping for gently used items at a second hand store.



## UPCOMING EVENTS



DOWNTOWN LOS ALTOS A BOO-tiful Downtown Halloween October 31 st @ 12:00 pm - 4:00 pm



DOWNTOWN LOS ALTOS 20th Annual Holiday Stroll November 10th @ 5:00 pm - 9:00 pm

DOWNTOWN LOS ALTOS Small Business Saturday November 25th

DOWNTOWN LOS ALTOS Festival of Lights Parade November 26th @ 6:00 pm - 8:00 pm

DOWNTOWN LOS ALTOS Holiday Tree Lighting December 1st @ 6:00 pm - 8:00 pm

## DOWNTOWN LOS ALTOS Pictures with Santa

December 9th @ 2:00 pm - 4:00 pm Enchante Boutique Hotel



## Increased cardboard over the holidays

If your household generates a large amount of cardboard from delivery service companies and holiday gifts these three ideas will help maximize space in your blue recycling cart.

- 1. Place all cardboard boxes in the blue recycling cart and remove packaging tape and place in the black cart.
- 2. Break down all cardboard boxes or cut into sizes that allow the cardboard to sit loosely in your recycling cart with the lid closed.
- 3. If your recycling cart is full and you still have extra cardboard please bundle the extra cardboard & place next to your blue recycle cart.



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Contact us:

Holiday collection schedule inside!

## HAPPY HOLIDAYS!

# Mission Trail observes the following holidays:

#### THANKSGIVING • CHRISTMAS • NEW YEAR'S DAY

Customers may experience a delay in service when a holiday falls on a weekday. Customers whose regular service day falls on the holiday or after, will receive service a day late. For example, during Thanksgiving week, only customers with Thursday and Friday service are affected. Thursday customers will have their containers serviced on Friday. Friday customers will have their containers serviced on Saturday.

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